Association for
Mothers & Newborns
(AMAN)

Annual International Scientific Conference 2026

Bringing Together
Clinical Excellence,
Innovation,
And Humanitarian Responsibility.



KEY FOCUS AREAS

- Women, Mothers and Child Health
- Public Health Solutions for Clinical Practice
- Family Planning & Reproductive Health
- Climate Change & Environmental Saustainability
- Artificial Intelligence & Health Tech



ASSOCIATION FOR MOTHERS AND NEWBORNS
AMAN

Gavi
The Vaccine Alliance

Healthier Girls Stronger Communities

AMAN & Gavi
Advancing Immunization Awareness and HPV Vaccination in Pakistan.

Working with communities to build trust in vaccination and contact families with life-saving immunization services.





Empower, Prevent, Protect

Advocacy for HPV Vaccination to Safeguard Young Girls from Cervical Cancer

Community Engagement
Building vaccine confidence through dialogue with parents, caregivers, families, community members and religious leaders.

Vaccinator & Healthcare Provider Engagement
Equipping frontline teams to address misconceptions and confidently respond to vaccine hesitancy.

Inclusive School-Based Mobilisation
Engaging students, teachers, parents, caregivers and families through inclusive school-based health awareness.

HPV Myth-Busting & Digital Advocacy
Countering misinformation through HPV Myth Busters, animated content, social media, influencer engagement and multilingual digital communication.

Government Coordination & Advocacy
Working with health and education departments, EPI Sindh and the Population Welfare Department to strengthen coordination and support HPV vaccination.



District (8)	Town/Tehsil (11)	UC Name (25)
Karachi East	Jamshed Town	Chanesar Goth-04
		Mehmoodabad-05
		Manzoor Colony-02
		Akhtar Colony-01
Karachi West	Orangi	Hariyana
		Mominabad-1
	S.I.T.E.	Qasba Colony-8
		Gulzar Colony-6
Korangi	Korangi	Korangi 33-7
		Nasir Colony-2
Hyderabad	Latifabad	Latifabad-2
		Latifabad-3
		Latifabad-6
		Latifabad-7
	Qasimabad	Qasimabad-1
Tando M. Khan	Buli Shah Karim	Jinhaan Soomro
		Saeed Khan Lund
Khairpur	Gambat	Gambat 1
		Agra
	Khairpur	Bhurgri
		Bukhari
Shikarpur	Shikarpur Taluka	Shikarpur UC 3
		Shikarpur UC 2
Kambar	Miro Khan	Bahram
		Karira



Association for Mothers & Newborns (AMAN)
aman.org.pk

Working Towards a Cervical Cancer-Free Tomorrow.

Welcome to Karachi

AMAN Annual International Conference

"Connecting Clinical Practice with Global Developments in Public Health"

Pre-Conference Workshops	Scientific Conference	Venue
23 October 2026	**24–25 October 2026**	**Pearl Continental Hotel, Karachi**

Dear Colleagues,

On behalf of the Association for Mothers and Newborns (AMAN), it is our pleasure to welcome you to Karachi for the AMAN Annual International Conference, "Connecting Clinical Practice with Global Developments in Public Health", taking place on 24 and 25 October 2026, with pre-conference workshops on 23 October.

At AMAN, our work is rooted in the belief that better health outcomes depend on connecting sound clinical practice with the realities people face when seeking care. This conference brings together colleagues who share that commitment, creating an opportunity to exchange experiences, revisit established practices and explore new ideas that can make a difference to the health of women, newborns and families.

Over the coming days, we look forward to discussions spanning maternal and newborn survival, reproductive health and family planning, maternal and infant vaccination, midwifery, patient safety, digital health and climate change. Just as importantly, we hope these conversations will continue beyond the conference, informing our work and strengthening the connections between those working across clinical practice, research and public health.

We are grateful to our speakers, partners, sponsors and everyone who has helped bring this gathering together. To all our delegates, welcome to Karachi. We hope you find the conference engaging, the exchanges worthwhile and your time with us memorable.



Prof. Sadiah Ahsan Pal
President



Prof. Haleema Yasmeen
Vise President-Maternal Health



Dr. Talat Rizvi
Vise President-Neonatal Health



Dr. Azra Ahsan
Secretary General



Dr. Samina Naz
Joint Secretary



Dr. Shahida Zaidi
Treasurer



Dr. Arjumand Rabbani
Joint Treasurer

About AMAN

AMAN is a women-led organization advancing maternal, newborn, adolescent, and sexual and reproductive health in Pakistan. An offshoot of the National Committee for Maternal and Neonatal Health (NCMNH), AMAN was established as its implementing partner in 2007. Since then, we have worked alongside healthcare providers, communities, governments, and development partners to improve health literacy, strengthen health systems and local capacity, and put evidence-based solutions into practice.

Our Story

Every day, women across Pakistan make the extraordinary journey of bringing new life into the world. Yet for far too many families, what should be a moment of hope is still marked by preventable suffering and loss. AMAN was born from the belief that no woman should lose her life while giving life, and no mother or newborn should die from preventable causes. AMAN brought together clinicians, public health experts, researchers, and development partners united by a shared determination to change that reality. What began as a collective effort to improve maternal and newborn health has grown into a women-led organization working across maternal, newborn, adolescent, and sexual and reproductive health. Nearly two decades later, our purpose remains unchanged. We continue to work towards a future where every pregnancy is planned, every birth is safe, and every individual has access to the knowledge, care, and opportunities needed to lead healthier lives.

Our Vision

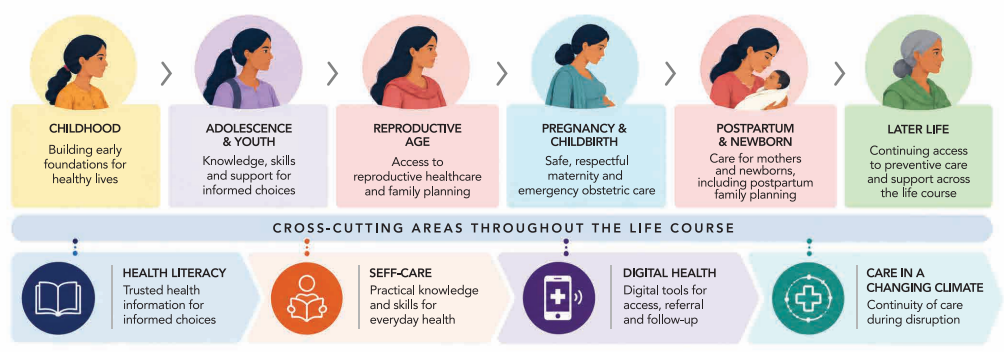
A world where every pregnancy is planned, every birth is safe, and every mother and newborn thrive.

Our Mission

Our mission at AMAN is to eliminate all preventable maternal and neonatal mortality and morbidity by providing quality care and promoting equity in accessing healthcare services for all. We aim to achieve this by strengthening the capacity and capability of healthcare providers to provide safe and comprehensive maternal and neonatal care and introducing innovative programs for advocacy and community engagement.

Our Lifecycle Approach

AMAN's work follows a Lifecycle Approach, recognising that health needs and opportunities for support change across different stages of life. Across the life course, AMAN combines knowledge, informed decision-making, care and practical innovation to connect people with the support they need.



Delegate Information

General Information

Practical information for delegates and speakers

Venue	Pearl Continental Hotel, Karachi
Registration Desk	The registration desk for the conference will be located in front of Ballrooms A & B. It will open 30 minutes before the first session each day and close before the final session. On the last day, it will close at 12:00 noon.
Name Badges	Please wear your conference badge at all times. It will be required for access to conference sessions and official activities. Invitations for invitation-only events will be provided with the relevant badges.
Refreshments	Tea and coffee will be available during scheduled programme breaks in the exhibition area. Delegates are welcome to use these intervals for professional interaction and engagement with exhibitors.
Lunch	Lunchtime symposia are scheduled during the 1:00–2:00 PM break on conference days; please consult the scientific programme for details.
Speaker Room & AV Room	Speaker and Audio-Visual Room will be located in the Emerald Room. Speakers are requested to submit their final presentations to the technical team at least two hours before their session and to arrive at their assigned hall at least 30 minutes before the session for final checks
Wi–Fi	Complimentary Wi-Fi is available throughout the Pearl Continental Hotel.

Please refer to the published scientific programme for session times, hall assignments and any programme updates.

Important Notices

Certificates, Notices & Support

Certificates of Attendance

Digital certificates of attendance will be emailed to registered delegates after the conference. Please ensure that your registration details and email address are accurate.

Photography & Videography

Photography and videography will take place during the conference. By attending, delegates grant AMAN and its partners permission to capture and use photographs, audio and video recordings for documentation, educational, promotional and conference-related purposes during and after the event.

Conference Support

Conference logistics assistance
Ms. Komal Khalid
Cell / WhatsApp: 0092-326-2111524
aman.con.2026@aman.org.pk

Scientific Programme and Academic Queries
Dr. Humera Mansoor
Cell / WhatsApp: 0092-334-3381411
Email: humera.mansoor@aman.org.pk

Emergency contacts

Ambulance / Rescue	Police	Fire Brigade
1122	15	16

For on-site assistance, please approach a member of the organising team or contact the conference support number above.

Beyond The Scientific Sessions

Social Programme

The conference social programme offers opportunities for collegial exchange and celebration alongside the scientific sessions. Advance registration is required to participate.

Inaugural Dinner & Music Program (Oct 24, 2026)

Saturday, 24 October 2026 | PC Marquee, Pearl Continental Hotel, Karachi

Time	Programme	Speaker
7:00 – 7:45 PM	Welcome & Arrival of Chief Guest National Anthem Inaugural Address by the Conference Chairperson Address by Chief Guest Professor Sadiqua Naeem Jafarey Lecture: Advancing Women's Health through Science, Research and Leadership Tribute to & other Professional Pakistani Women of Substance	Dr Marium Waqas Prof Sadiah Ahsan Pal Noor ul Huda Shah Prof Emerita Tasnim Ahsan Video
7:45 – 8:00 PM	Conference Dinner (by invitation)	
8:00 – 9:30 PM	Welcome Musical Performance	**Mr Shehzad Roy** - Special guest appearance **Tarab Nafees** - Pakistan Idol Star

Recreational Tours

Optional pre- and post-conference tours of Karachi may be arranged through Zeb Travels. Tours are organised separately from conference registration, and participation is subject to availability. Please contact Mr Hammad (0092-346-0332434) from Zeb Travels directly for booking and availability details.

Conference Agenda and Scientific Programme

The scientific programme of AMAN International Scientific Conference 2026 is structured to support clinical excellence, interdisciplinary learning, and global scientific exchange. Spanning three days, the agenda integrates pre-conference workshops, plenary, and parallel scientific sessions addressing key priorities in maternal, newborn, and women's health.

Friday, 23rd Oct 2026 — Pre-Conference Sessions and Workshops

Time	Shalimar Hall	Conference Halls A & B	Dilkhusha Hall	
8:00AM–5:00PM	**Registration**			
9:00AM–12:00PM	**Infertility Updates** **WHO Guidelines on Infertility Management** **TVS AFC, Endometrial Thickness and follicle tracking,** **Hysterosonogram for tubal patency, cervical length** **Male Factor Infertility management** **Luteal support in ART & early Pregnancy management** **PMOS Update** Lunch **Recurrent Miscarriage** **Endometriosis &** **Infertility Management** **Prevention &**	**Obstetric Anal Sphincter Injury (OASI) Repair** Facilitators: Dr Novera Chughtai, Dr. Urooj Kashif	**Maternal & Childhood Vaccination** **Guidelines for prevention of mother to child transmission of Hep B &** **Hep B vaccination Birth dose** Facilitator: Dr Huma Qureshi **Cross the Line: Clearing Myths & Misconceptions related to HPV Vaccination** Facilitators: Dr Marium Waqas, Dr Humera Mansoor	
1:00 – 4:00PM	**Management of Hyperstimulation** **Hyposexual Dysfunction in women with infertility** **Vaginismus: a hidden factor in unexplained** Speakers: Prof. Sadiah Ahsan Pal, Dr. Musarrat Hasan, Dr Sumera Wazeer, Dr Amjad Noor, Dr Uzma Akram, Dr Wasfa Ejaz, Prof Azra Saeed Awan, Dr Fauzia Rasool MemonDr, Dr Saba Ansari, Dr Mariam Iqbal, Dr. Rohina Gul	**'Stuck, Difficult, or Deep? Navigating Contraceptive Implant Insertion & Removal'** Facilitators: Dr Nasser El Kholy (FIGO), Dr. Azra Ahsan, Dr. Humera Mansoor, Dr. Nuzhat Anjum, Dr. Irfana Tehseen	**Postpartum Haemorrhage (PPH)** PPH Elimination Anaemia correction, EMOTIVE Bundle Management Skills Facilitators: Prof Sadiah Ahsan Pal, Dr Sidra Nousheen, Prof Haleema Yasmin, Dr Fehmida, Dr Humera Mansoor, Dr Mariam Iqbal, Dr Saba Ansari	

Saturday, 24th Oct 2026 — Conference Day 1

Time	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
7:00AM-6:00PM	**Registration**			
8:00AM-9:00AM	**Innovations in Medical Practice** Early bCPAP & Oxygen Blending in L&D Transport - a Global Imperative Prof Thomas Burke, USA Osteoporosis & Menopause- Be strong at 60 Prof Zinnat Ara Nasreen, Bangladesh	**Free Papers** Effect of Educational intervention on Menstrual hygiene among Adolescent school girls in Karachi Dr Jannat Mustafa Incidence & factors associated with surgical site infection Fareeha Sheikh, AKUH Bridging knowledge gaps in C-Section surgical site infection prevention: training impact in Sindh Dr Afreen Sadia, AKUH Diagnostic accuracy of foot length measurement for identification of Preterm newborn in rural Sindh Shiyam Sunder, AKUH Surgical site infection among women delivered by Caesarean delivery at public sector hospitals in Sindh, Pakistan Dr Fareeha Shaikh Myths, mandates & decision making. A qualitative exploration of Covid 19 vaccine hesitancy among pregnant women & postpartum women in Pakistan Muhammad Asim, AKUH	**Midwifery** **Maternal and Newborn Nutrition** Breast Feeding Challenges & Solutions today Dr Hema Divaker, FIGO Neonatal Resuscitation (NNR) & Kangaroo Mother Care (KMC) Dr Naghmana Shafi (USA) Hands on Practice: NNR & KMC	Hands on PPH Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**
9:00 - 10:30AM	**Health literacy, Trust and Tackling Misinformation around Reproductive Health** **Chairpersons:** Prof Aisha Malik Prof Fouzia Manoo Managing the Message: Whom do you trust? Prof Paul Bluementhal, Stanford University (USA) **Moderator:** Ms Salma Alam, Durbeen **Panellists:** Dr. Samrina Hashmi, Junaid Akram, Ms. Shahnaz Wazir Ali, Dr. Azra Ahsan	**Maternal Medicine** **Chairpersons:** Prof Firdous Mumtaz, Prof Razia Korejo **Moderator:** Dr Fehmida Aftab Hyperemesis Gravidarum: Benign condition with serious consequences Prof Shama Munim Frequency of Undiagnosed Subclinical and Overt Hypothyroidism in Pregnant Women of Pakistan Prof Farrukh Naheed, BMU Attitudes towards Covid-19 vaccine decision making amongst pregnant women in Pakistan Saleem Jessani, AKUH Building Maternal vaccine demand strategies (Mixed Methods study in Pakistan) Mahnoor Tariq, AKUH	**Midwifery Session** **Chairpersons:** Dr Patrice White Dr Farhana Memon **Moderator:** Ms. Karen Robinson Respectful Maternity Care Dr. Shirin Rahim, PhD Scholar **WHO - Labour Care Guide (LCG)** • **Term Labour** • **Preterm Labour** **Facilitators:** Dr Humera Mansoor Dr Saba Ansari Dr Mariam Iqbal Ms Erum Khokar Ms Agnes Sunil	Hands on PPH Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**

Saturday, 24th Oct 2026 — Conference Day 1

	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
10:30–11:00AM	**Tea Break & Inauguration of the Pharmaceutical Exhibition**			
11:00AM–1:00PM	**Plenary Session A**			
	Chairpersons: Prof Lubna Hassan, Prof Razia Korejo, Prof Azizunnisa Abbasi 1. Maternal Anaemia and Post-Partum Haemorrhage Treatment - Dr Anita Zaidi, Gates Foundation 2. Elimination of PPH in Pakistan - Prof Sadiah Ahsan Pal, AMAN 3. Highlights of Collaboratory Research on Women's and Children's Health: 25 years of Global Network in Pakistan - Dr Elizabeth McClure, Global health 4. Lessons learnt from Global Midwifery Training Experiences - Dr Patrice White, USA 5. From PCOS to PMOS - Prof Emerita Tasnim Ahsan, OMI, MIDEM 6. Intrapartum Caesarean Delivery Classification (ICDS) in spontaneous & Induced Labour - Prof Lubna Hassan, President Elect SAFOG One Continuum of Care: Contraception Meets EmONC - Dr Nasser Al Kholy, FIGO Egypt			
1:00PM–2:00PM	**Lunch Break: Sponsored Symposium**			
	Endometriosis – When NOT to Operate!! Panel Discussion: Gynecologists in conversation with General Surgeons			
	Moderator: Prof Sadiah Ahsan Pal Panellists: Prof Jehan Ara Ainuddin - CPSP, Prof Alia Bashir, Dr Shazia Jaleel - UK, Prof Inam Pal - AKUH, Dr Tanveer Razi Ahmed - Pasha Clinic			
2:00–3:30PM	**Contraception** **Chairpersons:** Secretary PWD, Sindh Dr Farid Midhat Dr Patrice White **Moderator:** Dr Marium Waqas Balancing the Scale: Rethinking Contraception in Obesity Dr Nasser Al Kholy, FIGO Technology Supported Community Outreach	**Gynae Endocrinology & Infertility** **Chairpersons:** Prof Fauzia Monoo, Prof Jahanara Ainuddin **Moderator:** Dr Rohina Gul The art of improving ART outcome Prof Lubna Pal, Yale USA Optimizing Erectile Dysfunction management Prof Arshad Chohan, Craft	**Perinatal Care** **Chairpersons:** Dr Elizabeth McClure, Prof Firdous Mumtaz **Moderator:** Dr Saba Ansari ACTION III Trial, Preterm Birth & ACS Guidelines Prof Shabina Ariff, AKUH Non-study post-partum antibiotics use and risk of maternal and neonatal infection: A secondary	Hands on PPH Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer**

Saturday, 24th Oct 2026 — Conference Day 1

Time	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
	(Aapi) Model for Transforming Primary Health Care Access and Services in Low Income Urban Settlements in Pakistan Ayesha Khan, Akhter Hameed Khan Foundation Post-pregnancy Contraception: IUD fitting at Caesarean Section Dr Sian Mosedale & Dr Asha Kasliwal, CoSRH WHO MEC 6th & SPR 4th Edition Every Provider, Every Consultation: Unlocking the Power of MEC Wheel in Pakistan Dr Azra Ahsan, AMAN Community Driven Solutions for Sustainable Family Planning Prof Shabnam Shamim, KMDC	Luteal Phase Support, Prof Sadiah Ahsan Pal, Australian Concept fertility Center Emerging role of Gut Microbiomes in PMOS Prof Karim Kammeruddin, BMU WHO guidelines on Mx of Infertility Dr Uzma Akram Recurrent Miscarriage management updates, Prof Azra Saeed Awan, FFMC	analysis of the A-PLUS RCT Prof Sara Saleem, AKUH From Delays to Care: Improving Maternal Health in Dir Upper Dr Marium Waqas, AMAN Bakhabar Noujawan Dr Humera Mansoor, AMAN	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**
3:30 – 5:00PM	**Maternal & Fetal Medicine** **Chairpersons:** Prof Lubna Hassan Prof Shehla Baqai Prof. Aisha Malik **Moderator:** Dr Aleena Tareen Screening for Cardiovascular disease in Pregnancy Prof Sabha Bhatti, NICVD Management of Anaemia with Cardiac disease in Pregnancy Prof Arshad Chohan, CRAFT Cardiac Disease in Pregnancy MDT Approach Prof Haleema Yasmeen, JPMC Exome Sequencing in low & High-risk women in low resource settings Prof Shama Munim, South City Hospital Newborn Screening Dr Lubna Samad, IRD	**Every Pregnancy Matters: From Global Commitment to Local Action** **Speakers:** Ms Isra Chaker Dr. Sidrah Nousheen Moderator: Dr. Azra Ahsan **Panellists:** Prof. Dur e Samin Akram, Dr. Sidrah Nousheen, Mr. Peter Lobo Mr. Ali Gul Pir	**Enhanced Recovery After Surgery (ERAS)** Prof Sughra Abbasi, KIMS **Chairpersons:** Prof Shabnam Shamim, Prof Lumaan Shaikh **Evidence Based C-Section Techniques** **Moderator:** Dr Mariam Iqbal Interactive session using Mentimeter	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**
5:00 – 5:30PM	**Let's Come together to Eliminate PPH** All Professional Organizations in Pakistan			

Sunday, 25th Oct 2026 — Conference Day 2

Time	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
7:00AM–6:00PM	**Registration**			
8:00AM–9:00AM	**Mothers Lost: From Statistics to Stories – What Verbal Autopsies Reveal** **Chairpersons:** Prof Lubna Hassan Dr Fareed Midhat Prof Aisha Siddiqua **Moderator:** Dr Ayesha Farrukh (JPMC) Marvi kyun Mar Gayi? Narrated by Mr. Shehzad Roy Breaking the Chain - From Delays to Life-Saving Solutions Dr Azra Ahsan Moderator: Dr. Azra Ahsan **Panellists:** Prof Razia Korejo, Dr Sadiah A Pal, Dr Farahnaz Raza, Prof. Aisha Siddiqua, Brig Mubushra Samina A poem for Morey (Mother) Recited by Prof Lubna Hassan	**Free Papers** **Chairpersons:** Prof Firdous Mumtaz **Moderator:** Dr Ramna Devi Eugonadotropic Eugonadism, unicornuate uterus, partial vaginal stenosis case report Dr Syeda Akifa Sajid (JPMC) Educational differences in cardiovascular disease prevalence among female patients in Karachi Dr Rabyiah Shakeel (Modern hospital Khi) Synchronous Neuroendocrine tumours of Cervical stump/vaginal cuff & pancreas, a challenge Dr Irum Naz Enhancing sustainability in FP interventions: DAFPAK Program in Pakistan Dr Jannat Noor (GSM)	**Safe Motherhood** **Chairpersons:** Prof Rubina Sohail Prof Raheel Sikander **Moderator:** Dr Mashal Mansoor Early Detection of PPH with EMOTIVE & Bundle treatment Dr Sidrah Nausheen, AKUH **Pakistan National Guidelines MONHRS, WHO SOGP MAP, AMAN, PPA** PPH, Antenatal Corticosteroids & Pre-Term Birth (PTB), WHO Labour Care Guide (LCG), Managing Complications in Pregnancy and Childbirth (MCPC) , Pregnancy, Childbirth, Postpartum and Newborn Care (PCPNC), Clinical Protocols and Guidelines: Emergency Obstetric and Newborn Care (EMONC)	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**
9:00 – 10:30AM	**Gynae Oncology** **Chairpersons:** Prof Haleema Yasmeen, Dr Tahira Yasmeen Malik, Prof Roshan Ara **Moderator:** Dr Shafaq Ismail Recent Advances in Colposcopy: Risk Based Care, Ongoing Challenges, Technology & Global screening strategies Dr Shazia Jaleel (UK) Optimizing GYNONC Surgery in High-risk	**Chairpersons:** Prof Shahida H Tarar Dr Nasser Al Kholy, **Moderator:** Dr. Marium Waqas Violence against Women: A Public Health Crisis Dr Summaiya Syed, Police Surgeon, Karachi – Dept of Health, Sindh Clinic to Community - Data driven Pathways to Reproductive and Maternal Health Impact Dr. Tabinda Sarosh (Pathfinder)	**SOGP & SAFOG Session** **Chairpersons:** Prof Rashid Lateef Khan Prof Farrukh Zaman **Moderator:** Prof Yousuf Lateef (Vice President SAFOG)/ Prof Sadiah Ahsan Pal (Chair Mat nutrition & BF committee) Intrapartum Caesarean Delivery Classification (ICDS) in spontaneous & Induced Labour Prof Lubna Hassan, President Elect SAFOG	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**

Sunday, 25th Oct 2026 — Conference Day 2

Time	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
8:00AM–9:00AM	patients beyond age & BMI Prof Alia B Aziz, AKUH Ovarian Cancer: Early detection & screening Barriers Dr Uzma Chishti AKUH Self-Screening HPV Testing Prof Nadia Khursheed, KEMC HPV Campaign launch to routine immunization – experience from Sindh Dr Humera Mansoor, AMAN Cross the Line: Clearing Myths & Misconceptions related to HPV Vaccination Dr Humera Mansoor	The Unfinished Agenda: Advancing Access to Safe Abortion and Post-Abortion Care Rights on Paper, Reality on the Ground: Are We Delivering for Women? Dr. Azra Ahsan (AMAN) **Moderator:** Dr. Yasmeen Sabeeh Qazi **Panelists:** Dr. Farhana Memon, Ms. Sara Malkani, Prof. Haleema Yasmin, Dr. Tasneem Fatima	Interventions to reduce Maternal & Newborn mortality in Pakistan Prof Rubina Sohail, Past President SAFOG **Panel Discussion:** Implementing Guidelines to improve SRH **Panelists :** SAFOG Pakistan Office bearers & Committee Members SOGP: Prof Azizunnisa, President SOGP Prof Aisha Siddiqua, President Elect SOGP Prof Razia Korejo, Past President SOGP Vote of Thanks: Dr Mariam Iqbal (Deputy Sec SAFOG)	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**
10:30AM – 12:00PM	**Plenary B** **From Girls to Mothers: Re-imagining the future of vaccination** **Moderator: Dr. Humera Mansoor** • Protecting mothers & Newborns across the life course, special focus on HPV - Dr Sania Nishtar, GAVI • PV Vaccination in Sindh: Progress, Priorities and the Road ahead - Dr Arslan Memon, Sindh EPI Moderator: Ms Huma Khawar - Strategic Advisor Mannion Daniels Panellists: Dr. Raj Kumar – Project Director, Sindh EPI, Dr. Sohail Raza Shaikh – Additional Director, Sindh EPI, Prof. Syeda Batool Mazhar - Consultant, Obstetrician & Gynaecologist, Mr. Shehzad Roy, Ms. Sidrah Kashif, Ms.Kaneez Fatima			
12:00 – 1:00PM	**Plenary C** **When the Same patient keeps coming back: From Bedside lessons to Health system transformation** **Moderator:** Dr. Marium Waqas **Speaker:** Prof Danish Siddiqui - Chairperson ObGyn, AKUH Panellists: Prof Nazli Hossain (VC DUHS), Prof Nighat Shah (VC, JPMC), Prof Shehla Baqai, Bahria University, Prof Jehan Ara Hasan, Prof Haleema Yasmeen (JPMC), Dr Farah Bari (Indus Hospital Network), Prof Bilal Khan, UMDC, Prof Farrukh Naheed, BMU, Prof Yousuf Lateef, HLH			

Sunday, 25th Oct 2026 — Conference Day 2

Time	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
1:00–2:00PM	**Lunch Break: Sponsored Symposium** **Prescribing Menopause Hormone Therapy with products available in Pakistan** Current Recommendations on Menopause Management - Prof Syeda Batool Mazher (President PMS) **Moderator:** Prof Sadiah Ahsan Pal, AMAN **Panellist:** Prof Nazli Hameed, Prof Aisha Siddiqua, Prof Alia Bashir, Prof Sumbul Sohail -ZMU, Prof Raheel Sikander -PMS, Prof Shahzadi Saima - LRH, Dr Fauzia Rasool Memon - Australian Concept Fertility Center, Prof. Aisha Malik			
2:00 – 3:30 PM	**Patient & Health Care Provider Safety** **Chairpersons:** Prof. Nazli Hameed, Prof Rubina Sohail, Prof Raheel Sikander **Moderator:** Dr Saba Ansari Violence against Medical Staff Prof Shahida Hussain Tarar Medicolegal Challenges in Pakistan Prof Alia Bashir Digital Violence Against Women Prof Nadia Khursheed, KEMU Minimum standards in patient care safety & Healthcare Quality Dr Zainab Hasan, SHCC **Moderator:** Prof Haleema Yasmin (JPMC) **Panellists:** Dr Zakiuddin (HealthRAB), Dr Anila Kazmi (SIUT), Ms Hafsa Haseen, Student Rep	**Pre Natal Diagnosis** **Chairperson:** Prof Sumbul Sohail, Prof Nishat Zohra Moderator: Dr Uzma Shabbir NIPT & Women's Health, Dr Hijab Batool, Chughtai Lab	**Maternal RSV Vaccination - A Promising Public Health Strategy to reduce Newborn morbidity & mortality** **Moderator:** Prof Sadiah Ahsan Pal, AMAN **Panelists:** Prof Danish Siddiqui - AKUH, Prof Shama Munim - South City Hospital, Dr Zeryab Setna – LDH, Prof Syeda Batool Mazhar	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**

Sunday, 25th Oct 2026 — Conference Day 2

Time	Hall A (Ballroom A)	Hall B (Ballroom B)	Hall C (Shalimar)	Exhibition Hall (Zevar & Dilskusha)
3:30–4:30PM	**Water - Climate Change - Environment & Health** **Chairpersons:** Dr Ayesha Khan, Prof Farrukh Naheed, Prof Nadia Khursheed **Moderator:** Dr Fehmeeda Aftab Climate Change / Environment Pollution & Women's Health Prof Jeanne Conry, Past president FIGO Green Maternity: Small changes, Big impact –Rethinking care for women, babies & Planet Dr. Shahina Zahoor Midwives at the Frontline: Advancing Climate Resilience, Preparedness, and Response for Maternal & Neonatal Health Ms Neha Mankani, ICM Mitigating the Impact of Climate Change on Maternal & Newborn Health Prof Shehla Baqai, Bahria University	**Critical Research Thinking An Interactive Session** **Chairpersons:** Prof Alia Bashir, Dr Shazia Jaleel **Moderator:** Dr Danish Shah Tariq Critically Evaluating Evidence in Reproductive Medicine Landscape Prof. Kashif Shafique (DUHS) **Moderator:** Dr Danish Shah Tariq	**Maternal Perinatal Nutrition** **&** **The Baby's first 1000 Days** **Chairpersons:** Prof Batool Mazher, Dr Patrice White Moderator: Dr Aleena Tareen Govt Policies on Breast Milk Substitutes and Young Child Nutrition Prof. Dure Samin Akram, PPA The importance of Multiple Micronutrient Supplements (MMS) Prof Sadiah Ahsan Pal 1000 Days maternal child Nutrition Dr Naveed Bhutto	Hands on **PPH** Booth • Calibrated Drape • UBT • NASG Hands on Family Planning Booth **Labour Care Guide** Booth **Bakhabar Noujawan** Booth **Cervical Cancer Screening** • Pap Smear & LBC • VIA **HPV Self Test**
4:30– 5:30PM	Plenary D Bridging the Divide: A Media–Medic Dialogue for public good			
	Moderator: Ms. Zofeen Ebrahim **Panellists:** Shahzaib Jilani, Ms Munazza Siddiqui, Ms. Sidrah Dar, Dr. Aamir Jafarey, Dr. Nosheen Razi, Dr. Faiza Bhutto			
5:30 – 6:00 PM	Closing Ceremony			

Newsletter

May - August 2026



IN BRIEF

Health and wellbeing are shaped across the life cycle

AMAN works across this continuum, from prevention and maternal and newborn care to health information that supports informed decisions. In this issue, we look at how that work is taking shape across clinical practice, community outreach and health learning.

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Turning Evidence Into Action

The Fight against Postpartum Haemorrhage

Postpartum haemorrhage can become life-threatening for mothers within minutes. On 22 July 2026, AMAN, in collaboration with the Society of Obstetricians & Gynaecologists of Pakistan (SOGP), convened a national symposium in Karachi focused on preventing and managing PPH, one of the leading preventable causes of maternal death.



Clinicians, policymakers, public health experts, academics and development partners explored how the latest WHO, FIGO and ICM guidance can be translated into practice. Discussions covered PPH prevention and management, antenatal anaemia and AMAN's Emotive PPH Bundle Training initiative, alongside wider discussions on HPV vaccination and cervical cancer elimination. The focus was on turning evidence and clinical expertise into timely, quality care that can prevent women dying from preventable causes.







World Breastfeeding Week



Supporting the People who Support Mothers

Strengthening Breastfeeding and Maternal Nutrition Support

During World Breastfeeding Week, AMAN, the National Committee for Maternal & Newborn Health (NCMNH), New Beginnings Healthcare and SOGP brought healthcare providers together for a capacity-building workshop at New Beginnings Healthcare on 5 August 2026.













Sessions covered breastfeeding challenges and solutions, government policies on breast-milk substitutes and young child nutrition, maternal nutrition and micronutrient supplementation, as well as the role of providers in supporting mothers and families. The workshop emphasised practical guidance, evidence-based counselling and coordinated support to help mothers make informed choices.

Every Pregnancy

Building Life-Saving Skills where Care is Delivered

















Under Every Pregnancy, AMAN is working with Ehsan Kamal Hospital (EKH) strengthen the quality and safety of maternal and newborn care for underserved communities. A baseline assessment identified areas for strengthening maternal and newborn clinical practices and care processes, leading to a partnership that combines provider training, clinical guidance, mentorship, supportive supervision and stronger referral mechanisms. AMAN conducted a five-day training which brought together healthcare providers of EKH and Jinnah Postgraduate Medical Centre (JPMC).



The training focused on essential life-saving skills including prevention and management of postpartum haemorrhage, pre-eclampsia, family planning, neonatal resuscitation, Kangaroo Mother Care, infection prevention and referral mechanisms. The participation of JPMC promoted peer learning and strengthened linkages between facilities, supporting the development of a functional referral pathway for timely access to higher-level care. Combined knowledge scores rose from 46% to 98%, with participants valuing the practical knowledge and skills gained to help save mothers' and babies' lives.

From Awareness To Uptake

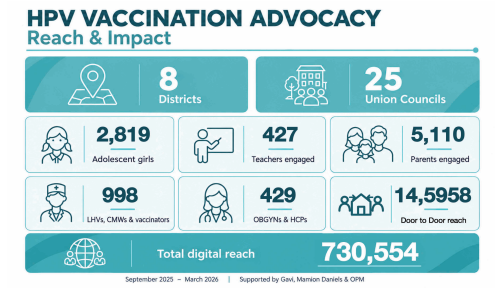
Continuing HPV Vaccination Advocacy across Sindh

With support from Gavi, Mannion Daniels and Oxford Policy Management (OPM), and in partnership with EPI Sindh, AMAN continued HPV vaccine advocacy and demand-generation activities across 8 districts and 25 union councils. Field teams engaged communities, schools and healthcare facilities, while targeted sessions with vaccinators, healthcare providers, Lady Health Workers and union council leadership strengthened knowledge, addressed misinformation about the HPV vaccine and supported vaccine uptake. In Hariyana UC, where no HPV vaccinations had been recorded for three months, a focused session with vaccinators was followed by the initiation of vaccination.









At the systems level, AMAN advocated with the Population Welfare Department (PWD) to integrate HPV vaccine information into routine service delivery. Following this engagement, PWD Secretary Mr. Hafizullah Abbasi supported HPV vaccine counselling at PWD healthcare centres, where providers regularly engage with mothers and families. PWD also requested HPV content for its multilingual chatbot and support for healthcare provider training, creating opportunities to extend accurate vaccine information through existing public-sector platforms.

AMAN's experience in Sindh was further shared through a national learning forum. During Dr. Sania Nishtar's visit to Pakistan, Mannion Daniels convened a "Voices from the Community" consultation in Peshawar, where AMAN shared Sindh's HPV vaccine launch experience, including key achievements, lessons learned, implementation challenges and community-level approaches to addressing misinformation about the HPV vaccine.

Bakhabar Noujawan

Making Health Information More Accessible

Bakhabar Noujawan is moving beyond being a standalone digital platform to becoming a practical resource within AMAN's wider health-literacy work. All 27 learning modules have now been translated into Urdu, expanding access to the platform's content, while audio-visual modules are also being developed to make the material more accessible to underserved communities with lower literacy. Bakhabar Noujawan was presented through national youth and civil-society forums as AMAN's youth engagement platform, while its use within AMAN's projects and partnerships continues to expand. An influencer collaboration helped extend Bakhabar Noujawan's reach, with the video generating more than 853,000 views.



Strengthening The Network Around Care

Professional And Policy Engagement

AMAN continued to contribute to national and regional reproductive health platforms, including FP2030 meetings where Bakhabar Noujawan was presented as a youth engagement platform. Prof. Sadiah A. Pal was appointed Chairperson of SAFOG's Maternal Nutrition & Breastfeeding Committee, while Dr. Azra Ahsan joined its Maternal and Perinatal Health Committee. As Chairperson of FIGO's Contraception Committee, Dr. Azra Ahsan moderated a FIGO- and WHO-led webinar on applying updated contraceptive guidelines in practice, including use of the MEC Wheel. Dr. Azra Ahsan and Prof. Sadiah A. Pal were invited to Pfizer's RSV Vaccine Summit in Islamabad, focused on maternal RSV immunization. AMAN also participated in Maternal Immunisation Readiness Network (MIRNA) workshop at Aga Khan University Hospital, bringing together public health partners to co-create Pakistan's National Maternal Vaccine Demand Strategies, including preparedness for maternal RSV vaccination.







Looking Ahead



School-Based Family Learning Initiative









A new 12-month initiative supported by Bank Alfalah will strengthen family health literacy through schools across Karachi and Shangla, with Zindagi Trust and Kiran Foundation as implementation partners. Bakhabar Noujawan will provide structured, lifecycle-focused content for the learning sessions.

Every Pregnancy

Every Pregnancy

AMAN will participate in Every Pregnancy's global convening to share learning and develop joint strategies to prevent avoidable maternal and infant deaths worldwide.





The Road to Maternal Survival in Pakistan – Contributions by





2025
- HPV Vaccine Advocacy / Demand Generation Project (GAVI)
- Joined Every Pregnancy Platform
- Income Tax Exemption

2026
- Partnerships with Zindagi Trust, Kiran Foundation & Durbeen to advance Health Literacy Initiatives.
- Shariah Compliance – Zakat Eligible
- Sindh Charity Commission Certification

2024
- Registered with Pakistan Centre for Philanthropy
- Technical Partner to Greenstar and Pathfinder for the Building Healthy Families (BHF) Activity (USAID)
- Technical Partner to HANDS for Scaling Up and Integrating PPFP in Health Facilities (BMGF)

2023
- Advancing MNH through Evidence-Based Care and Digital AI Innovations in Dir Upper, KP (USAID)
- Bakhabar Noujawan – an Online Digital RH Platform endorsed by MoNHSR&C

2019
- Verbal autopsy questionnaire reviewed to determine MMR and its causes (PMMS-2019).
- NCMNH certified equivalent to a US public charity.

2020
- Introduced Reproductive Health Telemedicine during The COVID-19 Pandemic
- Introduced PPH Bundle Management Workshops across Pakistan
- AMAN became implementing Partner of NCMNH

2022
- Contributed to National MNH Guidelines and Protocols (MCPC, EmONC, Antenatal Corticosteroids, and PPH Management).

2018
- Conducted a pilot study on self-administration of misoprostol to treat PPH in home deliveries (Gynuity).
- Under the Naya Qadam Project, trained master trainers and established service delivery sites for (PPFP) (Pathfinder International).

2017
- Trained teachers of nursing, midwifery and public health schools on family planning (United Nations Foundation – RRM).

2013
- Advocacy resulted in the inclusion of misoprostol in the Essential Medicines List (RAF).

2014
- Advocacy resulted in the use of misoprostol for the prevention and treatment of (PPH) and (PAC) (RAF).

2015
- Midwifery tutors trained in the use of misoprostol for the prevention and treatment of PPH and PAC (Gynuity).

2012
- Spearheaded postpartum family planning, particularly (PPIUCD) (LAD).

2009
- Misoprostol registered for (Venture Strategies Innovation)
- Abortion situation in Pakistan Analyzed (FIGO)
- Introduced VCAT Workshops in Pakistan (Ipas)
- Family planning brought to the forefront through the "ENGAGE" Advocacy Project (Population Reference Bureau and Gapminder Foundation, 2009–11).
- Implemented TACMIL Health Project in medical colleges of Sindh (USAID)

2007
- Expanded scope of work through establishing an NGO – AMAN.
- Introduced "Active Management of the Third Stage of Labour" nationwide by supporting MAP (PAIMAN Project 2007–09).
- Initiated woman-centred post-abortion care, manual vacuum aspiration (MVA) and misoprostol (IPAS 2007–15).

2008
- Disseminated information regarding the high incidence of abortion in Pakistan (Population Council and Guttmacher Institute, 2008–11).

2006
- Verbal autopsy questionnaires revised to determine maternal mortality ratio (MMR) and its causes (PDHS 2006–07).
- Strengthened midwives by establishing the Midwifery Association of Pakistan (MAP).

2003
- Developed manual and pocket book for EmONC (UNICEF) in Urdu and English (2003)

Created awareness amongst men regarding their role in Maternal Health (CIDA)

2002
- Promoted midwifery. Organised first International Day of the Midwife.

1994
- NCMNH Established

2000
- Promoted Use of Magnesium Sulphate for ending eclampsia

2001
- Provided Blue print for Maternal Health Section of National Health Policy
- Conducted series of workshops on women's health as a basic Human Right (UNICEF)

ASSOCIATION FOR MOTHERS AND NEWBORNS
AMAN

New Beginnings Healthcare

AMAN International Scientific Conference



New Beginnings Healthcare
A Proud Collaborating Partner of AMAN

New Beginnings Healthcare is proud to collaborate with the Association for Mothers and Newborns (AMAN) in advancing maternal and newborn health through capacity building, professional development, and evidence-based healthcare practices.

Together for Healthier Mothers, Brighter Futures

New Beginnings Healthcare contributes through:

Team Support
Providing dedicated team support to strengthen shared goals and implementation.

Service Delivery
Promoting evidence-based patient care through the application of current clinical guidelines, best practices, and scientific evidence.

Meetings
Engaging in key stakeholder meetings for alignment, planning and progress.

Hands-on Workshops
Offering practical clinical, and skills-based workshops for better care delivery.







Congratulations to AMAN!

New Beginnings Healthcare warmly congratulates AMAN on organizing the AMAN International Scientific Conference 2026, bringing together healthcare professionals, experts, and stakeholders around the unique and timely theme:

"Connecting Clinical Practice with Global Developments in Public Health."

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Association for Mothers & Newborns (AMAN)
Annual International Scientific Conference

October 24th, 25th, 2026 (Saturday–Sunday)

"Connecting Clinical Practice with
Global Public Health Developments "

Inaugural Ceremony

An Evening in Harmony

Celebrating Science, Humanity
and Togetherness



Special Guest Appearance

Shehzad Roy

Founder & President,
Zindagi Trust

Live Performance by

Tarab Nafees

Pakistan Idol Star

Saturday,
24 October
2026

7:45 PM
onwards

Marquee PC,
Pearl Continental Hotel,
Karachi

Register now at **aman.orbitadv.com**

ASSOCIATION FOR MOTHERS AND NEWBORNS
AMAN

Association for Mothers & Newborns (AMAN)
Annual International Scientific Conference

October 24th–25th, 2026 (Saturday–Sunday)

Pearl Continental Hotel, Karachi

"Connecting Clinical Practice with Global Public Health Developments"



Beyond The Clinic. Into Everyday Life.

Reliable health information should reach people wherever they are, not remain confined to clinical settings.

Register for the Conference Now
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Every Pregnancy



OUR VISION

A world where every pregnancy is *safe*

A Movement of Firsts

Every Pregnancy has been pioneering in maternal health advocacy since its inception in 2023. By uniting diverse voices, bridging gaps, and driving systemic change, we are breaking new ground to ensure every mother and baby receives the care they deserve.What the Program Offers

For the first time ever, we have:

United 65+ faith-inspired Muslim philanthropies and NGOs to support moms and babies.

Organizations across the US, UK, Canada, Pakistan, and Yemen have come together in a collective effort to improve maternal and newborn health. This unprecedented coalition brings together organizations that had never before collaborated on this urgent issue.

Launched the groundbreaking 'For Mama Challenge' during Ramadan.

Since 2024, we mobilized nearly $130 million to directly support maternal health initiatives rooted in Muslim communities. This campaign created a powerful movement, engaging faith leaders, advocates, and donors to stand in solidarity with mothers.

Amplifying Advocacy Days

Help us bring visibility to key global moments like World Maternal Health Day, World Refugee Day, World Humanitarian Day, and International Women's Day.

Put mothers first.

We have delivered life-saving medical equipment and interventions to thousands of mothers through frontline partners working in conflict and disaster settings. From emergency obstetric care to essential maternal health supplies, our impact reaches women who would otherwise have no access to care.

ASSOCIATION FOR MOTHERS AND NEWBORNS
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